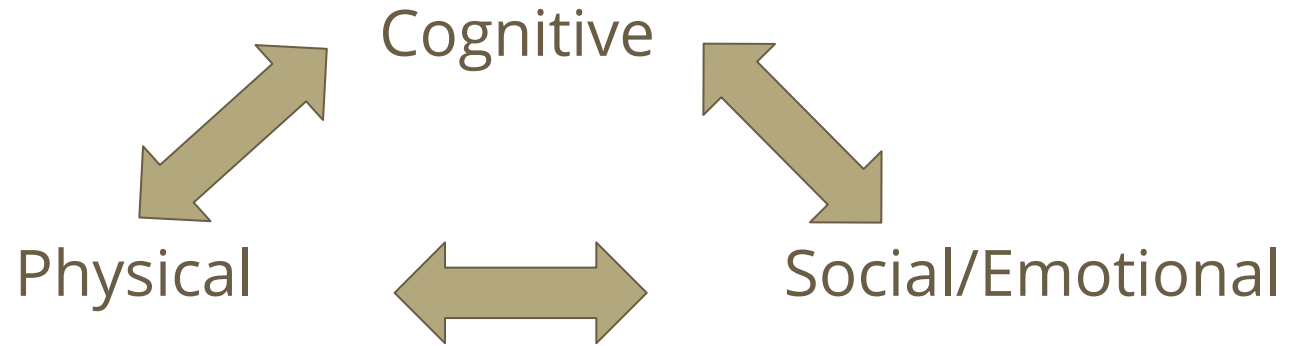




Student Support for Success

2016-2017

Areas of need



Types of Support

Supports across settings are essential for a young person's success:

- 1) Parental/ Familial Strengths
- 2) Natural Community Connections-school,church, sports, Boy & Girls clubs
- 3) Professional-Tutoring, Classes, Counseling, Medical services

Supporting Physical Health

- School Nurse
- Health Tech
- Routine Health Screenings-Vision, hearing & dental
- Occupational Therapy
- Health Education
- Physical Education-Girls Volleyball Program, Flag Football Program, Soccer Program, Basketball Program

Supporting Physical Health

- Public Health Nurse
- California Children Services
- Camarillo Healthcare District
- Clinicas-other non profit medical services
- Ventura County Early Start
- CRP-Children's Resource Program
- Children's Health and Disability Program
- Private and Public Physicians

Supporting Cognitive Health

- Nutrition Programs at school-Low to no cost
- Psychological Testing at school
- Homework Club- 2:05-3:00, K-5th homework time
- Robotics- 2:05-2:50, K-3rd
- Reading Intervention-Teacher Recommended
- Library Resources at School
- Library Programs in community (Oxnard, Rio, Camarillo)
 - Literacy Programs.

Ways that parents help

- Keeping immunizations up to date
- Having structure around bedtime, meals
- Supervising homework in some manner
- Communicate needs to the school
- Provide opportunities for exercise
- Be willing to receive outside supports if needed

Support for social/emotional health

- School teams and programs
 - School Parent Liaison-Leticia Cousino
 - PFO-Parent Faculty Organization- all parents invited-meet one time month
 - PELAC-Parent English Learner Advisory Committee-meets bimonthly
 - PAC-Parent Advisory Council-meets monthly
 - MEF- Mesa Education Foundation
 - SSC-Student Site Council
 - ASB- Associated Student Body is student gov't: 4-5 and 6-8 grades
 - Music-2 programs (k-3rd), 4th learn recorder, Band 5th-8th grade performance
 - Art- offered TK-8
 - GATE-Gifted and Talented Education
 - School based counseling

Support for social/emotional health

- Church and community organizations
- Parenting Classes
- Support groups
- Tri Counties Regional Centers
- General Counseling for kids and families- family stressors like divorce or grief and loss

Support for social/emotional health

- Mental Health Counseling- Ventura County Behavioral Health
- Psychiatric Services-Private and public providers
- ABA services for Kids on the spectrum- Channel Islands Social Services

General Support and Self Help

- Big Brother/Big Sister
- Boys and Girls Clubs
- Brain Injury Support Group
- Easter Seal Society
- Make a Wish Foundation
- United Cerebral Palsy
- Autism Society of Ventura County
- YMCA
- Parks and Recreation Program
- Oxnard PAL

Seeking help

- Identifying that you need help in some area
- Don't be afraid to ask
- Start with personal contacts
- Speak with the school teacher or parent liaison
- Reach out to referral organizations-211

Parent Supports

- Parenting Project through the Sheriff
- Triple P through Interface or New Dawn Counseling
- United Parents for support Groups
- AA and AlAnon for specific supports to families in crisis with addiction
- NAMI for specific supports to families dealing with Mental Illness

Ways that Parents can Help

- Recognizing and praising good behaviors
- Reducing power struggles
- Creating structure and routines
- Discipline and consequences
- Parent self care
- Forgiveness
- Communication and collaboration with school team

Q & A

